

7.2.1

Response

BEST PRACTICE 1

DIVYANGE CELL

GOAL:

To support and uplift the differently-abled students of the college.

To provide crucial information about various government schemes, grants, and sanctions available to them.

To offer vocational skill development opportunities alongside quality education.

To empower them with the self-confidence and financial independence needed to integrate into mainstream society.

To showcase them as youth icons of the college, serving as sources of inspiration for the wider community.

CONTEXT:

Each year, the college enrolls more than ten differently-abled students in various UG and PG courses. Recognizing the unique needs of these students, the college management took proactive steps to address their requirements. In 2016-17, a special Divyang Cell was established, functioning as an auxiliary unit of the college's Youth Red Cross Society, to provide continue support and ensure the well-being of differently-abled students.

THE PRACTICE:

Differently-abled or Divyang students are affectionately referred to as CHAMAKTE SITARE (Shining Stars) at the college. Each student is paired with a mentor from the regular faculty to provide personalized guidance and support. The college ensures convenient and accessible seating arrangements for them during lectures and examinations.

Additionally, a dedicated Divyang Library is available, stocked with textbooks, reference books, and resources for competitive exam preparation. In a generous act of solidarity, teachers have voluntarily contributed funds to establish the "DIVYANG RAHAT KOSH", an emergency fund designed to address the basic needs of these students.

At the start of each academic session, Divyang students are identified, and an official group is formed to provide them with targeted support. They are assigned mentors and introduced to all the facilities available on campus, as well as the various government schemes and resources designed for their benefit.

One of the key highlights of the year is the celebration of International Day of Persons with Disabilities, which is marked by special activities and events. Additionally, the students are taken on an educational trip to NTPC, where they enjoy a productive and memorable day. The Annual Photo Session is another much-anticipated event, providing an opportunity for students to come together and create lasting memories.

These students are actively encouraged to participate in the Annual College Festival, UMANG. In 2018-19, they showcased their talent by performing a street play during the Annual Function, demonstrating their creativity and confidence. Additionally, Divyang students took part in the Fun and Food Fair, "ANAND MELA", where they set up a food stall, further contributing to the vibrant and inclusive atmosphere of the event.

Efforts are ongoing to ensure that Divyang students receive their UDIDs, pensions, and scholarships in a timely manner. The college has also submitted proposals to the affiliating university seeking fee exemptions for exams.

Students are encouraged to develop computer skills and other vocational abilities. A significant achievement has been securing fee exemptions for Divyang students in the NUSSD-TISS flagship foundation course program.

The college fosters an inclusive environment by motivating all students to treat their Divyang peers with love and care, ensuring their self-confidence and self-respect are preserved.

EVIDENCE:

The college has established a Divyang Lounge with a Divyang Library and a separate washroom conveniently located nearby to ensure accessibility and comfort for the students.

Students are provided with vocational skill training to help them gain practical and professional abilities.

PROBLEMS:

One of the primary challenges is the mindset of some students who, despite facing significant hardships, struggle to acknowledge or accept their physical disabilities. This reluctance to recognize their condition hinders their engagement and participation. Addressing this issue and encouraging active involvement is a key area of focus.

BEST PRACTICE-II

Title of the practice:-

Health awareness drive among teachers and students in COVID-19 pandemic situation.

Goal:

To promote and impart health education that raises awareness about the importance of a healthy lifestyle and encourages its adoption among students and the community.

This includes providing information on nutrition, physical fitness, mental well-being, and preventive health measures, helping individuals make informed choices that contribute to their overall health and quality of life.

THE CONTEXT:

Korba, as a tribal region, is primarily dependent on agriculture and casual labor for livelihood. In such a community, an educational institution that does not impact the lives of the underprivileged is of limited value. Recognizing this, the college has dedicated its Health Awareness Drive to students who are eager to serve their society, especially in the wake of the COVID-19 pandemic.

The primary objective of the drive is to improve the quality of life for the people in and around the college, both during and after the pandemic. To achieve this, various activities are organized by groups of students and teachers, focusing on raising health awareness and encouraging the adoption of preventive measures to combat COVID-19 and promote overall well-being.

THE PRACTICE:

a) A National Webinar on Physical and Mental Hygiene was conducted, focusing on practical approaches to pandemic prevention, emphasizing both physical health and mental well-being during the COVID-19 crisis.

b) A 12-day training program was attended by NSS students at Shrishti College of Nursing, Korba, where students gained hands-on experience and knowledge about health care, hygiene, and pandemic response.

- c) An open gymnasium was installed in December to promote physical fitness among teachers, staff, and students, encouraging a healthy lifestyle.
- d) In response to the COVID-19 pandemic, this year's "URJA" magazine focused on raising health awareness, featuring articles and information on topics related to physical and mental well-being, particularly in the context of the pandemic.
- e) During the lockdown, a poster campaign related to COVID-19 was organized online by both teachers and students. The campaign aimed to educate and inform the college community about safety measures, hygiene practices, and the importance of following guidelines to prevent the spread of the virus.
- f) To encourage students to stay healthy and fit by incorporating physical activities into their daily routines, our NCC unit organized a cycle rally, promoting physical fitness and well-being.
- g) NSS volunteers actively demonstrated preventive measures such as social distancing, wearing face masks, hand washing, and covering one's mouth while sneezing or coughing in the vegetable market of Korba, helping raise awareness in the local community.
- h) In response to the COVID-19 pandemic, the institution took social responsibility seriously. Our NSS volunteers collaborated with the district administration during the lockdown, serving as corona volunteers to assist in various pandemic-related tasks and support the community.
- i) An online video-making competition was held to raise awareness among students about the dedication and sacrifices of corona warriors, highlighting their role in fighting the pandemic and their commitment to the nation.
- j) As part of the Fit India Movement, the NCC unit organized a cycle rally to promote healthy eating, an active lifestyle, and the importance of maintaining both physical and mental fitness.

CONCLUSION:

In conclusion, while the efforts made so far may be small, their consistent implementation will undoubtedly contribute to the improvement of social activities within the institution. These initiatives will help move the college closer to achieving the goal of an 'A' grade in the upcoming cycle of accreditation, reflecting the college's commitment to social responsibility, health, and overall development.